

Lincoln Chefs Battle For Taste of Glory

By MCSN BRANDON WILSON
Penny Press staff

Culinary specialists from USS Abraham Lincoln (CVN 72) baked, sautéed, and minced their way through the 57th annual Armed Forces Culinary Arts Competition held at Olympic College in Bremerton May 19.

The flavorful competition is one of the many events that take place during the Armed Forces Day celebration in Bremerton. Six Lincoln culinary specialists from the ship's S-2 Division were selected to demonstrate their abilities in the cook-off against representatives from Naval Base Kitsap, Naval Hospital Bremerton, Naval Base Everett, Naval Base Whidbey Island, Fort Lewis, and USS Kentucky (SSBN 737).

Chris Plemmons, chef instructor at Olympic College and president of the Washington Chefs Association, said he enjoyed working as a judge for the competition; an event he believes has been improving over the years.

"All in all, it's a competition the Bremerton community looks forward to," Plemmons said.

Culinary Specialist 1st Class Daniel Sansano won first place in the Decorated Cake category, Culinary Specialist Seaman Daveda Burton won second place in the Healthy Choice category, and Culinary Specialist 2nd Class Joshua Dorroode took part in the hors d'oeuvres category. All winners received a plaque and/or a trophy.

One of the main events of the competition was an "Iron Chef" Secret Recipe cook-off. Culinary Specialist 1st class Joseph Tenorio, Culinary Specialist 3rd class Levett Ruffin and Culinary Specialist



Photo By MCSN Brandon Wilson

Culinary Specialist 1st Class Joseph Tenorio sautes beef sirloins during the Iron Chef portion of the 57th annual Armed Forces Culinary Competition at Olympic College May 19. The competition between cooks from Northwest region commands is one of Bremerton's most popular events during the city's Armed Forces Day celebration.

Turn to **COOKING**, Page 2

Puget Sound Area to Host A Variety of Memorial Day Activities

By MCSN KATHLEEN CORONA
Penny Press staff

Many Sailors on USS Abraham Lincoln (CVN 72) are probably looking for something new to do in the Puget Sound area for their long Memorial Day weekend.

The crew of the Penny Press has

compiled a list of activities that might be fun for Lincoln Sailors to participate in.

- The Museum of Flight in Tukwila, Wash., is offering free admission to U.S. veterans and current military personnel on Memorial Day.

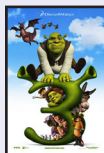
This year the Museum of Flight's Memorial Day weekend programs are

dedicated to the heroism and valor of the pilots of the elite, all African-American 332nd Fighter Group of the U.S. Army Air Corps: the Tuskegee Airmen of World War II.

- The city of Brinnon, Wash. is holding its annual free Shrimpfest on

Turn to **EVENTS**, Page 4

Inside



Read what MCSN Scarberry thinks of Shrek 3

pg. 5



A Shout-out from Afghanistan

pg. 4

► LINCOLN PRIDE.....	3
► SHIPMATES.....	6
► EDITOR'S TOP 10.....	6

Local Stories



Photo By MCSN Brandon Wilson

Culinary Specialist Seaman Kenny Tello races the clock while slicing lemons during the "Iron Chef" portion of the 57th annual Armed Forces Culinary Competition.

COOKING

Continued from page 1

Seaman Kenny Tello were given one hour to prepare whatever dishes they could create with a given amount of beef, crab, and shrimp.

"It was fast-paced, like a galley," Tello said. "We just had to be more precise since we weren't cooking so much."

"The stress level was the same," Ruffin said. "We had to get the meal out in time, but there was no given menu. It was also hard because we weren't familiar with this galley."

Each completed dish was to be graded on appearance, degree of difficulty, and taste. Any discrepancies, such as a sanitation violation, would be deducted from the overall grade of the dish.

"Having been in the military, it's always interesting to watch the different ways military cooks prepare food," Plemmons said. "Whether it's from an aircraft carrier, submarine, wherever, you always see different cooking techniques you'd never see in a civilian kitchen."

The culinary competition is, for many participants and spectators, one of the most anticipated events of the Armed Forces Day celebration. For 57 years it has given all military branches a chance to prove to themselves and the northwest community how well the armed forces can work together to make a culinary masterpiece.



Photo By MCSN Brandon Wilson

"Iron Mike" a sculpture made from tallow (a mixture of food-grade wax, fat and food coloring) by the food service professionals from Fort Lewis took first place in the "Garnish Showpiece" portion of the competition.



From left to right, Culinary Specialist 1st Class Joseph Tenorio, Culinary Specialist 2nd Class Joshua Deroode, Culinary Specialist 1st Class Daniel Sansano, Culinary Specialist 3rd Class Levett Ruffin, Culinary Specialist Seaman Kenny Tello, and Culinary Specialist Seaman Daveda Burton represented USS Abraham Lincoln (CVN 72) in the 57th annual Armed Forces Culinary Competition.

Photo By MCSN Brandon Wilson

**Pirates of the Caribbean:
At World's End
Starts Thursday, May 24**

Get your Regal and AMC/Lowes tickets now from MWR
for only \$5
Or we'll make ye walk the plank...



Had a drink? Get a ride!
Call (425)530-1934 for Abe's Smart Ride.
A phone call now can save you a
headache later.



The Penny Press is an authorized publication for members of the military services and their families. Its content does not necessarily reflect the official views of the U.S. Government, the Department of Defense, the Department of the Navy, or the Marine Corps and does not imply endorsement thereby. All articles are subject to editing. Due to a need for timely news stories, there is no guarantee when a particular story will run.

Commanding Officer.....Capt. C.A. McCawley
Executive Officer.....Capt. T. E. Nosenzo
Public Affairs Officer..... Lt. Cmdr. John Filostrat
Media Dept. LCPO..... MCCS(SW/AW) Jon Annis
Editor.....MC1(SW/AW) Roderick Jessie
Layout/Design..... MC3 James R. Evans
Staff.....MC1(AW/SW) Patrick Sullivan
MC2(AW) M. Jeremie Yoder
MC3(AW/SW) Patrick M. Bonafede
MC3 James R. Evans
MCSN Joseph Scarberry
MCSN Brandon C. Wilson
MCSN Kathleen Corona

Lincoln Pride



*Well-oiled
Machine*

*Photos by MCSN Brandon Wilson
&
MCZ James R. Evans*

Local Stories

EVENTS

Continued from page 1

Memorial Day weekend. The Brinnon Shrimpfest is a weekend festival celebrating Hood Canal Spot Shrimp and other local seafood.

Craft booths, food booths, belt sander races, exhibits, live music, and activities for the kids are all offered at the Shrimpfest. The tides are usually low enough during the festival for the easy harvest of clams and oysters on the public beaches there.

- Visit the 36th Annual Northwest Folklife Festival 2007 at the Seattle Center May 25-28, "rain or shine."

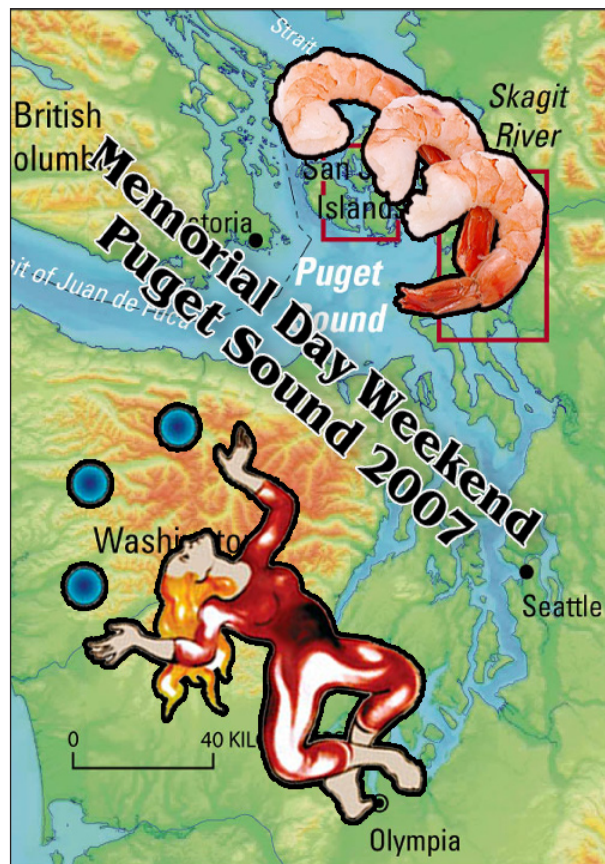
The Northwest Folklife Festival is the annual, free, climactic celebration of year-round ethnic, folk and traditional arts activities produced by Northwest Folklife.

The Folklife Festival is Seattle's unofficial leap into summer, with four days of jam-packed excitement.

Artists from the Pacific Northwest, along with special guests from all over

the world, create an ethnic extravaganza embracing music and dance performances. Visual arts and folklore exhibits, hands-on ethnic children's activities, symposia, dance and music workshops, crafts, food, imported goods, demonstrations or traditional arts and more are all offered at the Folklife Festival.

- In Port Angeles, Wash., the Juan de Fuca Festival of the Arts will run all Memorial Day weekend. It features over 125 performances of music, dance and theater from around the world. It also will include musical workshops, a street fair, public art and special activities for kids.



Greetings From Kandahar!

Chief Storekeeper (SW) Leovic S. Camarista, from Lincoln's Supply Department S-8 division, is currently serving as an Individual Augmentee (IA) at Kandahar Air Field in Kandahar, Afghanistan. Since volunteering to go to Afghanistan as an IA, he has been supervising the base's S-3 Material Operations, material distribution and disposal, and initiating and tracking base projects. In an e-mail interview, Camarista said that some interesting things he's experienced in the country have been a trip to TARNAC farms (Osama Bin Laden's former training camp), driving a Humvee, and working with coalition forces from the United Kingdom, Canada, Netherlands, Romania, Australia, Estonia, Jordan, Poland, Belgium, and Portugal. He said that the base has a superb dining facility and a number of American franchise restaurants for Sailors who need a taste of home as well as an MWR facility for exercise, sports, and recreation. He said he looks forward to finishing some courses during his time in Afghanistan and then heading to his next duty station, COMPACFLT Hawaii. Asked what he misses about the Lincoln, Camarista replied, "The Chief's Mess and my guys in S-8."

Compiled by MCSN Brandon Wilson
Photos: courtesy of SKC (SW) Leovic Camarista



May 24, 1917

-First U.S. convoy to cross the North Atlantic during WWI leaves Hampton Roads, Va.

May 25, 1973

-Skylab 2, the first U.S. orbiting space station is launched. Its three-man crew consisted entirely of Navy officers.

Local News & Entertainment

Shrek the Third Brings More of the Same

By MCSN JOSEPH SCARBERRY
Penny Press Movie Correspondent

Once again, the adventures of Shrek (Mike Meyers), Princess Fiona (Cameron Diaz), Donkey (Eddie Murphy), and Puss In Boots (Antonio Banderas) come back to the silver screen when Princess Fiona's father, King Harold of Far, Far Away falls ill and needs to find a replacement king for the throne when he dies. Unwilling to give up his swamp for all of the riches of being king, Shrek heads off with the assistance of Donkey and Puss to reel in the next in line for the throne.

Most of the characters are familiar to us from either the second or first film. The grumpy ogre Shrek, the endearing Princess Fiona, and the talkative Donkey are integral to all three films. The cute and deadly Puss In Boots was a new addition to the team in the second film, along with King Harold (John Cleese) and Queen Lillian (Julie Andrews), Fiona's parents.

As for our villains of this heroic tale of greed and selfishness, we have Prince Charming (Rupert Everett), once more. This time he's bolstered by folks like Captain Hook (Ian McShane), evil trees and headless horsemen as he makes attempts to assume power by coup d'etat.

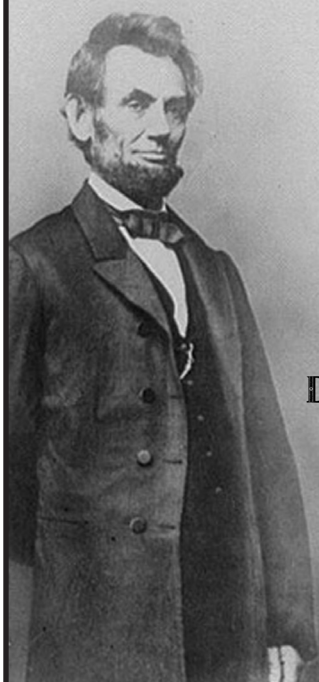
Several big names in the entertainment and media industry make their first movie "appearances" in Shrek the Third, including Justin Timberlake from N'Sync, Larry King from Larry King Live, Cheri Oteri from Saturday Night Live, and Regis Philbin from Regis and Kelly. And for those of you who are Monty Python fans, Eric Idle made an appearance in the film as well.

The art in the film was standard for the trilogy. It was nice, but nothing new. The jokes were the same. They remained funny, but again, there was nothing new or original about the third installment to the series. And while all of the characters were lovable and enjoyable, they too remained unchanged from the first film. Overall, Shrek the Third has comedy that parents and children can both enjoy, aesthetically pleasing artwork, plenty of characters new and old, and keeps you entertained

throughout the entire storyline.



Shrek the Third earns three Scarberries for bringing the funny, but not much else.



**LEADERSHIP!
COMMUNICATION!
ETHICS!
DIVERSITY!
ACHIEVEMENT!**

**SEE
PRESIDENT
ABRAHAM LINCOLN
DISCUSS ALL THESE TOPICS
LIVE!**

At the Naval Base Kitsap Gym
Tuesday, June 5, 2007
www.presidentlincoln.com

The 4th Deck Gym has reopened!



Located at 4-225-2-Q

Local Stories



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo by MCSN Brandon Wilson

Chief Warrant Officer Terry L. Gombos (right) receives a USS Abraham Lincoln plaque from Lincoln's Gun Boss, Cmdr. Paul Erickson on behalf of Lincoln's officers during his retirement ceremony, Tuesday. Gombos retired after 31 years in the Navy and had been Lincoln's gunner since July, 2006.

Seattle's own WNBA team

The Seattle Storm

Will play their next home game against the San Antonio Silver Stars June 2 at Key Arena

Season runs through Aug 10

Get your tickets now at MWR!

Section 115 \$25



Editor's Top 10

Things to do over Memorial Day Weekend...

10. Buy Memorial Day gifts for all those folks you forgot about at Christmas.

9. Sport your new "Fat Guy in a Thong" apron as you shovel out the burgers at the shop barbeque.

8. Spike the ketchup at said barbeque with Dave's Insanity Sauce.

7. Greet everyone with "Happy Labor Day!" and see how long it takes for someone to notice.

6. Walk around in uniform saying "You're welcome."

5. Run the lawnmower over all those Easter eggs still hidden in your yard.

4. Play 80's hair metal at full blast until the neighbors complain (Chief...)

3. Start a "Free Paris Hilton" demonstration.

2. Run through the sprinklers... once it stops raining.

1. Hang a "Gone Fishing" sign on the door and disappear for four days.